

SBC1 TV PROGRAMME SCHEDULE		
FRIDAY 18TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Treble Chance 75 (Rpt)	
08:08	Messy Goes To Okido	Ep 17/18
08:34	The Twirlywoos	Ep 43/44
09:00	Programm Zanfan	Ep 31
09:30	Entertainment: Steven and Chris	
10:13	Doc: Home Leave	
10:40	Magazine: Exploration Planete	Ep 9
11:08	Magazine: How Do They Do It	Ep 11
11:33	Magazine: Treasures of the World	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep09
13:43	Doc: The Weight of Water	
14:35	Series: My great big adventure	Ep 3
15:03	Cartoon Time	
17:15	Series: Swashbuckle	S1Ep15
17:45	Kids Fitness With Emma	Ep 2
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Lakwizin	Ep 3
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:05	Knock Out	Ep 16

22:00	Series: Mother Father Son	Ep 2
22:54	Series: In The Dark	Ep 8
23:40	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
SATURDAY 19TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Aerobingo Draw (Rpt)	
08:08	Cartoon Time	
10:12	Enchanted Tales	
10:54	Series: Backstage	Ep 14
11:17	Magazine: Rev	
11:45	Series: Junior Bake Off	S02Ep06
12:32	Series: You can do better	Ep 6
12:55	Series: Heidi Welcome Home	Ep 1
13:44	Series: Poh's Kitchen Secrets	S02Ep03
14:13	Series: Doctor X	Ep 10
15:17	Entertainment: Europe in Concert	
16:02	Series: Doc	S3Ep06
16:45	Magazine: Sucrement Bon	Ep 34
17:15	Series: Madam Secretary	S05Ep12
18:00	Game Show: Impossible	Epe 7
19:00	My Retro Music	S11Ep12
20:00	Nouvel+Sport	
21:05	100% Soleil Avec Alex	Ep 9
22:06	Series: Seal Team	S03Ep12
22:50	Movie: White Hot: A Sandra Brown Mystery	
00:15	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
SUNDAY 20TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
07:00	Senm Laglwar	
08:00	Cartoon Time	
10:05	Enchanted Tales	
11:48	Series: Maggie & Bianca	Ep 38
12:14	Series: Malory Towers	Ep 5
12:40	Series: My Best Friend is an Alien	Ep 4
13:04	Series: Jamie Johnson	S07Ep05
13:31	Series: Without You	Ep 46
14:20	Pyes Mizikal: Zil d'Abondans	
16:15	Comedy: Family Time	Ep 75
16:40	Family Movie: Against the Wild: The Journey Home	
18:10	Series: The Durrells	Ep 1
19:00	Series: Touched By An Angel	
20:00	Nouvel+Sport	
21:05	Telenovela: Betrayal	Ep17 of 54
22:39	Comedy: Still Open All Hours	Ep 7
23:10	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
MONDAY 21ST OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Messy Goes To Okido	Ep 19/20
08:26	The Twirlywoos	Ep 45/46
08:52	Programm Zanfan	Ep 32
09:22	Entertainment: Steven and Chris	

10:05	Comedy: Modern Family	S2Ep7
10:27	Series: Great Chefs	Ep 28
10:50	Magazine: Close up	
11:20	Collection Thalassa	Ep 27
11:47	Magazine: Healthy Living	
12:02	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep10
13:43	Doc: The Volcano that changed the World	
14:35	Magazine: Tomorrow Today	
15:03	Cartoon Time	
17:15	N*Gen (Next Generation)	Ep 33
17:45	Kids Fitness With Emma	Ep 3
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Doc: Opaque Worlds-Battlespace of the Future	
20:00	Nouvel+Sport	
21:05	Tête à tête	
21:35	Series: The River	Ep124
22:20	Series: The Penthouse	Ep 10
23:35	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
TUESDAY 22ND OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Messy Goes To Okido	Ep 21/22
08:26	The Twirlywoos	Ep 47/48
08:52	Programm Zanfan	Ep 33
09:22	Entertainment: Steven and Chris	

10:05	Magazine: Euromaxx	
10:32	Fitness Zone Plus	Ep 5
11:00	Series: What's really in our food	Ep 30
11:25	Magazine: VOA Connect	Ep 18
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep011
13:43	Doc: A Bitter Sweet deal- The Diabetes Business	
14:35	Series: Great mind of design	Ep 1
15:00	Series: Let's get inventin'	Ep 17
15:25	Cartoon Time	
17:30	Series: Sam Fox: Extreme Adventures	Ep 26
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Tourizm Nou Biznes	Ep 8
20:00	Nouvel+Sport	
21:05	Lopinyon	Ep 20
22:00	Téléfilm: Meurtres en Guadeloupe	
23:35	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
WEDNESDAY 23RD OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Messy Goes To Okido	Ep 23/24
08:26	The Twirlywoos	Ep 49/50
08:52	Programm Zanfan	Ep 34
09:22	Entertainment: Steven and Chris	
10:05	Magazine: Eco India	
10:33	Series: Surfing the menu	Ep 8

10:59	Magazine: Global 3000	
11:26	Comedy: House of Payne	Ep 36
11:48	Magazine: Healthy Living	
12:02	Magazine: Initiative Africa	Ep 36
12:30	Nouvel	
13:00	Series : Elementary	S4Ep12
13:43	Doc: Convicted of Murder	
14:35	Series: My great big adventure	Ep 4
15:03	Cartoon Time	
17:15	N*Gen (Next Generation)	Ep 34
17:45	Kids Fitness With Emma	Ep 4
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	National School Quiz	
	1st Round of 6 - Plaisance vs Belonie	
20:00	Nouvel+Sport	
21:05	Battle Feel	Ep 1
22:00	Series: NCIS Hawaii	S02Ep12
22:53	Series: Mallorca Files	Ep 8
23:40	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
THURSDAY 24TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Messy Goes To Okido	Ep 25/26
08:26	The Twirlywoos	Ep 51/52
08:52	Programm Zanfan	Ep 35
09:22	Entertainment: Steven and Chris	
10:05	Doc: From Vogtland to Pennsylvania	

10:33	Fitness Zone Plus	Ep 6
10:54	Comedy: Fresh Off The Boat	Ep 24
11:16	Magazine: Espace Francophone	
11:45	Magazine: Healthy Living	
12:01	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep13
13:43	Doc: The Heart of Brazil -Pt 1	
14:33	Series: Great mind of design	Ep 2
14:58	Series: Let's get inventin'	Ep 18
15:23	Cartoon Time	
17:00	Festival Kreol 2024 -Final Moman Kreativite	
	Segonder/Pos Segonder (1er Parti)	
18:00	Flash d'Informations	
18:05	Festival Kreol 2024 -Final Moman Kreativite	
	Segonder/Pos Segonder (2enm Parti)	
19:00	News Headlines	
19:10	Festival Kreol 2024 -Final Moman Kreativite	
	Segonder/Pos Segonder (3enm Parti)	
20:00	Nouvel+Sport	
21:05	Telenovela: Betrayal	Ep18 of 54
22:40	Series: Billions	S05Ep07
23:35	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
FRIDAY 25TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Treble Chance 75 (Rpt)	
08:08	Messy Goes To Okido	Ep 27/28
08:34	The Twirlywoos	Ep 53/54

09:00	Programm Zanfan	Ep 36
09:30	Entertainment: Steven and Chris	
10:15	Doc: Play Score Learn	
10:42	Magazine: Exploration Planete	Ep 10
11:10	Magazine: How Do They Do It	Ep 12
11:35	Magazine: Treasures of the World	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep14
13:43	Doc: The Heart of Brazil -Pt 2	
14:35	Series: My great big adventure	Ep 5
15:03	Cartoon Time	
17:15	Series: Swashbuckle	S1Ep16
17:45	Kids Fitness With Emma	Ep 5
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Lakwizin	Ep 4
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:05	Battle Feel	Ep 2
22:00	Series: Mother Father Son	Ep 3
22:55	Series: In The Dark	Ep 9
23:35	CNN International	