

SBC1 TV PROGRAMME SCHEDULE		
FRIDAY 04TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Treble Chance 75	
08:08	Elias	Ep 49/50
08:34	The Twirlywoos	Ep 23/24
09:00	Programm Zanfan	Ep 21
09:30	Entertainment: Steven and Chris	
10:13	Doc: Desert Living	
10:40	Magazine: Exploration Planete	Ep 7
11:07	Magazine: How Do They Do It	Ep 9
11:30	Magazine: Treasures of the World	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S3EP23
13:45	Doc: Medical Research on the Move	
14:35	Series: We're Talking Animals	Ep 25
15:03	Cartoon Time	
17:15	Series: Swashbuckle	S1Ep13
17:45	Kids Fitness With Emma	Ep 18
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Lakwizin	Ep 1
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:05	Knock Out	Ep 14
22:00	Series: A Million Little Things	Ep 74

22:46	Series: In The Dark	Ep6
23:30	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
SATURDAY 05TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Aerobingo Draw (Rpt)	
08:08	Cartoon Time	
10:10	Enchanted Tales	
11:07	Series: Backstage	Ep 12
11:31	Magazine: Rev	
12:00	Series: Junior Bake Off	S02Ep04
12:46	Series: You can do better	Ep 4
13:09	Series: Dawson Creek	S6EP22
13:55	Series: Poh's Kitchen Secrets	S02Ep01
14:23	Series: Doctor X	Ep 8
15:10	Entertainment: Europe in Concert	
15:55	Series: Doc	S3Ep04
16:40	Magazine: Sucrément Bon	Ep 31
17:10	Series: Madam Secretary	S05Ep10
18:00	Game Show: Impossible	Ep 5
19:00	My Retro Music	S11Ep10
20:00	Nouvel+Sport	
21:05	Parmi Bann Zetwal	S02Ep07
22:00	Series: Seal Team	S03Ep10
22:45	Movie: Wake Up	
00:15	CNN International	

<b>SBC1 TV PROGRAMME SCHEDULE</b>		
<b>SUNDAY 06TH OCTOBER 2024</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel	
07:00	Senm Laglwar	
08:00	Cartoon Time	
10:05	Enchanted Tales	
12:01	Series: Maggie & Bianca	Ep 36
12:27	Series: Malory Towers	Ep3
12:53	Series: My Best Friend is an Alien	Ep 2
13:18	Series: Jamie Johnson	S07Ep03
13:48	Series: Without You	Ep 44
14:35	Entertainment: Prophecy in Seychelles	
16:20	Comedy: Family Time	Ep 73
16:45	Movie: The Musician	
18:10	Series: When Calls The Heart	Ep 55
19:00	Series: Touched By An Angel	
20:00	Nouvel+Sport	
21:05	Telenovela: Betrayal	Ep13 of 54
22:40	Comedy: Still Open All Hours	Ep 5
23:10	CNN International	

<b>SBC1 TV PROGRAMME SCHEDULE</b>		
<b>MONDAY 07TH OCTOBER 2024</b>		

Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Elias	Ep 51/52
08:26	The Twirlywoos	Ep25/26
08:52	Programm Zanfan	Ep22
09:20	Entertainment: Steven and Chris	
10:02	Comedy: Modern Family	S2EP5
10:24	Series: Great Chefs	Ep 26
10:47	Magazine: Close up	
11:17	Collection Thalassa	Ep 25
11:45	Magazine: Healthy Living	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S3EP24
13:45	Doc: The World's Biggest Family	
14:35	Magazine: Tomorrow Today	
15:03	Cartoon Time	
17:15	N*Gen (Next Generation)	Ep29
17:45	Kids Fitness With Emma	Ep 19
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Doc: Opaque Worlds	
	Struggle for the Truth	
20:00	Nouvel+Sport	
21:05	Tête à tête	
21:35	Series: The River	Ep 122
22:20	Series: The Penthouse	Ep 8
23:35	CNN International	

SBC1 TV PROGRAMME SCHEDULE		
TUESDAY 08TH OCTOBER 2024		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Messy Goes To Okido	Ep 1/2
08:26	The Twirlywoos	Ep 27/28
08:52	Programm Zanfan	Ep 23
09:22	Entertainment: Steven and Chris	
10:05	Magazine: Euromaxx	
10:33	Fitness Zone Plus	Ep 1
10:50	Series: What's really in our food	Ep 28
11:14	Magazine: VOA Connect	Ep 16
11:45	Magazine: Healthy Living	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep01
13:45	Doc: India's Nomads-	
	The Forgotten World of Gadia Lohar	
14:35	Series: History Hunters	Ep 7
15:00	Series: Let's get inventin'	Ep 13
15:25	Cartoon Time	
17:30	Series: Sam Fox: Extreme Adventures	Ep 25
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Made in Seychelles	Ep 6
19:40	Short Magazine	
20:00	Nouvel+Sport	

21:05	Lopinyon	Ep 19
22:00	Téléfilm: Le Village des Endormis	
23:40	CNN International	

<b>SBC1 TV PROGRAMME SCHEDULE</b>		
<b>WEDNESDAY 09TH OCTOBER 2024</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel	
08:00	Messy Goes To Okido	Ep 3/4
08:26	The Twirlywoos	Ep 29/30
08:52	Programm Zanfan	Ep24
09:21	Entertainment: Steven and Chris	
10:03	Magazine: Eco India	
10:30	Series: Surfing the menu	Ep 6
10:56	Magazine: Global 3000	
11:23	Comedy: House of Payne	Ep 34
11:45	Magazine: Healthy Living	
12:00	Magazine: Initiative Africa	Ep 35
12:30	Nouvel	
13:00	Series : Elementary	S4Ep02
13:45	Doc : Goods to Paradise	
14:35	Series: We're Talking Animals	Ep 26
15:03	Cartoon Time	
17:15	N*Gen (Next Generation)	Ep 30
17:45	Kids Fitness With Emma	Ep 20
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	

19:10	National School Quiz	
	Elimination 5 - Praslin vs La Digue	
20:00	Nouvel+Sport	
21:05	4 Degre Sid	Ep9
22:00	Series: NCIS Hawaii	S02Ep10
22:54	Series: Mallorca Files	Ep 6
23:40	CNN International	

<b>SBC1 TV PROGRAMME SCHEDULE</b>		
<b>THURSDAY 10TH OCTOBER 2024</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel Spesyal	
08:00	Messy Goes To Okido	Ep 5/6
08:26	The Twirlywoos	Ep 31/32
08:52	Programm Zanfan	Ep 25
09:20	Entertainment: Steven and Chris	
10:03	CGTN Doc: Friendship Beyond Continent -A Better Life	
10:34	Fitness Zone Plus	Ep 2
10:51	Comedy: Fresh Off The Boat	Ep 22
11:13	Magazine: Espace Francophone	
11:44	Magazine: Healthy Living	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep03
13:45	Doc: The Secret of Mona Lisa	
14:35	Series: History Hunters	Ep8
15:00	Series: Let's get inventin'	Ep 14
15:25	Cartoon Time	

17:30	Magazine: Eco Africa	
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Youth Forum :Technology amd Productivity	
20:00	Nouvel+Sport	
21:05	Telenovela: Betrayal	Ep14 of 54
22:39	Series: Billions	S05Ep05
23:40	CNN International	

<b>SBC1 TV PROGRAMME SCHEDULE</b>		
<b>FRIDAY 11TH OCTOBER 2024</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel Spesyal	
08:00	Treble Chance 75 (Rpt)	
08:08	Messy Goes To Okido	Ep 7/8
08:34	The Twirlywoos	Ep 33/34
09:00	Programm Zanfan	Ep26
09:30	Entertainment: Steven and Chris	
10:13	Doc: The Sickness Industry	
10:40	Magazine: Exploration Planete	Ep 8
11:07	Magazine: How Do They Do It	Ep 10
11:32	Magazine: Treasures of the World	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series : Elementary	S4Ep04
13:45	Doc: Wire Card Case	
14:35	Series: My great big adventure	Ep 1



15:03	Cartoon Time	
17:15	Series: Swashbuckle	S1Ep14
17:45	Kids Fitness With Emma	Ep 21
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2024	
19:00	News Headlines	
19:10	Lakwizin	Ep 2
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:05	Knock Out	Ep 15
22:00	Series: Mother Father Son	Ep 1
22:55	Series: In The Dark	Ep 7
23:35	CNN International	