

SBC 1 TV PROGRAMME SCHEDULE		
FRIDAY 14TH JANUARY 2022		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Treble Chance 75 (Rpt)	
08:10	Bob the Builder	Ep 46
08:21	Fireman Sam	Ep 137,138
08:43	Programm Zanfan	Ep 17
09:12	Study English	Ep 30
09:24	English have a go	Ep 20
09:55	Doc: A Passion for Helping	
10:23	Series: You can do better	Ep 22
10:47	Series: My Life as a Dog	Ep 20
11:12	Magazine: Check in	
11:43	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S10 EP251,252
14:14	Doc: The Truth about Lies	
14:57	Series: Let's get inventin'	Ep 26
15:20	Animation: Jabu's Jungle	Ep 3
15:43	Looped	Ep 9
16:06	Alvin & The Chipmunks	Ep 37,38
16:30	Ready jet go	Ep 81,82
16:56	Series: The Next Step	Ep 15
17:19	English Bites	Ep 456,457,458
17:48	Kids Fitness Zone	Ep11
18:00	Flash d'Informations	
18:05	Magazine: In Good Shape	
18:30	Tyrannosaurus of Tambach Dietharz	
19:00	News Headlines	
19:10	Pare dan 15 Salad Nicoise	
19:40	Paradise FM Chart Attack	Ep 14
20:00	Nouvel	

20:37	Meteo	
21:00	Series: Covert Affairs	Ep 10
21:44	Movie: The Lincoln Lawyer	
23:39	CNN International	
03:00	BBC World News	

<b>SBC 1 TV PROGRAMME SCHEDULE</b>		
<b>SATURDAY 15TH JANUARY 2022</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel	
08:00	Cartoon Time	
10:13	Enchanted Tales	
11:46	Series: Make it Pop	Ep 5
12:08	Magazine: Rev	
12:35	Series: The Immortals	Ep 3
13:01	Magazine: How Do They Do It	Ep 22
13:25	Series: 4thandLong	Ep 5
14:09	Magazine: Kick Off	
14:36	Series: Doc	Ep 9
15:23	Entertainment: Europe in Concert	
16:08	Series: Heartland	S06Ep03
16:51	Magazine: Sucrement Bon	Ep 11
17:20	Series: Jikumessu	Ep 15
18:00	Doc: Japan From Above	
	The Great Wild North	
19:00	Amplify 101-Jean Philippe Delpeche	
19:30	Series:The Story and the Songs-Elvis Presley	
20:00	Nouvel	
21:00	Series: In the line of duty	S3Ep02
21:43	Movie: Spinning Man	
23:15	CNN International	
03:00	BBC World News	

SBC 1 TV PROGRAMME SCHEDULE		
SUNDAY 16TH JANUARY 2022		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
07:00	Senm Laglwar	
08:00	Cartoon Time	
10:13	Enchanted Tales	
11:15	Series: Lassie	Ep 30
11:38	Series: Lab Rats	Ep 9
12:01	Series: Maggie & Bianca	Ep 6
12:26	Series: Make it or Break it	Ep 28
13:09	Series: Side by Side	Ep 13
13:55	Vienna Philharmonic New Year Concert 2022	
16:25	Family Movie: Who Gets the Dog	
18:00	Series: Stella	S3Ep010 (last)
18:43	Magazine: Healthy Living	
19:00	Series: Touched by an Angel	Ep 166
19:45	Short Magazine	
20:00	Nouvel+Sport	
21:00	Telenovela: Tangled Hearts	Ep 59 of 60
22:35	Comedy: Modern Family	Ep 12
23:00	CNN International	
03:00	BBC World News	

SBC 1 TV PROGRAMME SCHEDULE		
MONDAY 17TH JANUARY 2022		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:21	Fireman Sam	
08:43	Programm Zanfan	Ep 18
09:12	Study English	
09:24	English have a go	
09:55	Comedy: House of Payne	Ep 54
10:19	Series: Great Chefs	Ep 18
10:43	Magazine: Close up	
11:14	Magazine: The She Word	
11:43	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S10 Ep253
13:37	Doc: Poisoned Island	
14:20	Magazine: Fresh Cut	Ep 17
14:48	Magazine: Tomorrow Today	
15:16	Cartoon Time	
17:21	Series: Brain Buzz	Ep 43
17:45	Kids Fitness Session	
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2022 (rpt)	
19:00	News Headlines	
19:10	Quiz 100%-Elimination	Ep 1
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Comedy: Hold The Sunset	Ep 1
21:30	Series: Mister Brau	Ep 20
22:00	Series : Unforgettable	Ep 16

22:42	Movie: A Lover Betrayed	
00:10	CNN International	
03:00	BBC World News	

SBC 1 TV PROGRAMME SCHEDULE		
TUESDAY 18TH JANUARY 2022		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:21	Fireman Sam	
08:43	Programm Zanfan	
09:12	Study English	
09:24	English have a go	
09:55	Magazine: Euromaxx	
10:22	Legzersis 3enm az-Pg.1	
10:42	Series: What's really in our food	Ep 5
11:06	Magazine: VOA Connect	
11:29	Magazine: Healthy Living	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S10 Ep254
13:37	Doc: The Black Axe -Nigeria's Mafia in Germany	
14:20	Magazine: Fresh Cut	Ep 18
14:48	Series: Let's get inventin'	Ep 26
15:12	Cartoon Time	
17:05	Series: Larry the Wonder Pup	
17:31	Series: Andy's Aquatic Adventures	
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2022 (rpt)	
19:00	News Headlines	
19:10	Doc: Covid-19: The Breakdown	
19:40	Short Magazine	

20:00	Nouvel+Sport	
21:00	Series: Adam's Apples	Ep 9
21:55	Téléfilm: Dangereuses Retrouvailles	
23:30	CNN International	
03:00	BBC World News	

<b>SBC 1 TV PROGRAMME SCHEDULE</b>		
<b>WEDNESDAY 19TH JANUARY 2022</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:21	Fireman Sam	
08:43	Programm Zanfan	
09:12	Study English	
09:24	English have a go	
09:55	Magazine: Eco India	
10:22	Series: You can do better	Ep 23
10:45	Magazine: Arts 21	
11:12	Magazine: Global 3000	
11:43	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S10 Ep255
13:37	Doc: Soul Ladies	
14:20	Magazine: Fresh Cut	Ep 19
14:48	Animation: Dinosaur Train	Ep 25
15:16	Cartoon Time	
17:21	Series: Brain Buzz	Ep 44
17:45	Kids Fitness Session	
18:00	Flash d'Informations	
18:05	Topik Konversasyon 2022 (rpt)	
19:00	News Headlines	
19:10	Magazine: Africa Eye	

19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Dokimanter: Zil Pros	
21:55	Series : Elementary	S4Ep01
22:40	Series: Seal Team	S02Ep18
23:25	CNN International	
03:00	BBC World News	

<b>SBC 1 TV PROGRAMME SCHEDULE</b>		
<b>THURSDAY 20TH JANUARY 2022</b>		
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:21	Fireman Sam	
08:43	Programm Zanfan	Ep 21
09:12	Study English	
09:24	English have a go	
09:55	Magazine: Life Clinic	
10:22	Legzersis 3enm az-Pg.2	
10:38	Magazine: Voices	
11:05	Magazine: Espace Francophone	
11:32	Short Magazine	
11:44	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S10 Ep256
13:37	Doc: Bhuttan- Change Comes to the Happy Kingdom	
14:20	Magazine: Fresh Cut	Ep 20
14:48	Series: Let's get inventin'	Ep 27
15:12	Cartoon Time	
17:05	English Bites	
17:30	Magazine: Eco Africa	

18:00	Flash d'Informations	
18:05	Topik Konversasyon 2022 (rpt)	
19:00	News Headlines	
19:10	Konekte Zenn	S3Ep 10
20:00	Nouvel+Sport	
21:00	Telenovela: Tangled Hearts	Ep 60 of 60 (Last)
22:35	Series: CSI Manhattan	Ep 6
23:20	CNN International	
03:00	BBC World News	

SBC 1 TV PROGRAMME SCHEDULE		
FRIDAY 21ST JANUARY 2021		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Treble Chance 75 (Rpt)	
08:10	Bob the Builder	
08:32	Fireman Sam	
08:55	Programm Zanfan	
09:24	Study English	
09:36	English have a go	
10:05	Doc: Can Green Investment change the World?	
10:32	Series: You can do better	Ep 24
10:54	Series: My Life as a Dog	Ep 21
11:17	Magazine: Check in	
11:43	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S10 Ep257/258
14:20	Magazine: Fresh Cut	Ep 21
14:48	Series: Let's get inventin'	Ep 28
15:12	Cartoon Time	
17:20	Series: The Next Step	Ep 16
17:45	Kids Fitness Session	



18:00	Flash d'Informations	
18:05	Topik Konversasyon 2022 (rpt)	
19:00	News Headlines	
19:10	Pare dan 15-Vegetables Ratatouille	
19:40	Paradise FM Chart Attack	
20:00	Nouvel+Sport	
21:00	Series: Aruanas	Ep 1
21:42	Series: Covert Affairs	Ep 11
22:27	Movie: Ring of Deception	
23:55	CNN International	
03:00	BBC World News	