



TV PROGRAMME SCHEDULE

SBC 1 TV PROGRAMME SCHEDULE		
FRIDAY 16 TH OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:25	The Twirlywoos	
08:49	Zarden Zanford	
09:20	Study English	
09:30	English have a go	
10:00		
	PPB's: National Assembly Election - Candidates (rpt)	
	Port Glaud: LDS - Godfra Hermitte	
	US - Egbert Aglae	
	Roche Caiman: LDS - Jany de Letourdie	
	US - Audrey Vidot	
	OS - Ralph Volcere	S9 Ep177/178
10:25	Series: Great Chefs	
10:50	Doc: Nomades des Mers	S2Ep08
11:17	Magazine: Check in	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	
14:19	Series: Wildside	
14:46	Series: Bindi the Jungle Girl	
15:11	Cartoon Time	
17:00	English Bites	
17:30	Jojo & Friends	
18:00	Flash D'informations	
18:05	Magazine: In Good Shape	
18:31	Magazine: The World From Above	
19:00	Presidential Debate (Prog. 2) -Live	Ep 105
20:36	Nouvel+Sport	





TV PROGRAMME SCHEDULE

21:40	News Extra	
22:15	Series: Strong Medicine	Ep 110
23:00	Series: El Chapo	Ep 26

SBC 1 TV PROGRAMME SCHEDULE		
SATURDAY 17 th OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
06:00	Bonzour Sesel	
08:00	Cartoon Time	
10:00	Enchanted Tales	
11:25	Series: Heidi Welcome Home	Ep 23
12:08	Magazine: Rev	
12:35	Entertainment: Europe in Concert	
13:32	Magazine: Sport Africa	
13:56	Series: Surfing the menu	
14:22	Series: The Durrells	Ep 2
15:09	Magazine: Kick Off	
15:37	Series: Make it or Break it	
16:21	Magazine: Smart Cities	
16:45	Series: What's really in our food	
17:10	Series: Without You	Ep 17
18:00	Flash D'informations	
18:05	Doc: Tunisie- "L'étoile de L'Afrique"	
19:00	News Headlines	
19:10	My Retro Music	
20:01	Nouvel+Sport	
21:05	Aero Bingo	
21:15	PPB's: National Assembly Election - Candidates	
	St Louis: LDS - Sathyanarayanan Sudarsan Naidu	
	US - Rachel Joseph	
	IND - Holbert Jean	
	Takamaka: LDS - Terence Mondon	
	US - Paul Ernesta	





TV PROGRAMME SCHEDULE

	OS - Mike Maria	
21:45	Zil tune	
22:45	Series: Seal Team	S2Ep10
23:30	Movie: River Runs Red	
01:00	CNN International	

SBC 1 TV PROGRAMME SCHEDULE		
SUNDAY 18 th OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
07:15	Senm Laglwar	
08:00	Cartoon Time	
10:00	PPB's: National Assembly Election - Candidates (rpt)	
	St Louis: LDS - Sathyanarayanan Sudarsan Naidu	
	US - Rachel Joseph	
	IND - Holbert Jean	
	Takamaka: LDS - Terence Mondon	
	US - Paul Ernesta	
	OS - Mike Maria	
10:30	Enchanted Tales	
11:21	Series: Lassie	Ep 18
11:47	Series: My Best Friend is an Alien	Ep 8
12:10	Series: Maggie & Bianca	Ep 17
12:35	Series: Dawson Creek	S5Ep08
13:20	Series: Degrassi: Next Class	S2Ep04
13:45	Entertainment: Romeo & Juliette (Mahe chamber choir)	
15:54	Comedy: My Family	
16:25	Family Movie: Operation-Neighborhood Watch	
18:00	Flash D'informations	
18:05	Series: Doc Martin	Ep 22





TV PROGRAMME SCHEDULE

19:00	News Headlines	
19:10	Forum: Swivan Dezyenm Deba Prezidansyel	
20:06	Nouvel+Sport	
21:10	Telenovela: Les Ombres du Passé	Ep05 of 72
22:58	Comedy: Modern Family	S2Ep20
23:20	CNN International	
03:00	BBC World News	

SBC 1 TV PROGRAMME SCHEDULE		
MONDAY 19 th OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:25	The Twirlywoos	
08:49	Zarden Zanfan	
09:20	Study English	
09:30	English have a go	
10:00	Comedy: Fresh Off The Boat	
10:24	Magazine: Exploration Planete	
10:51	Magazine: Close up	
11:21	Magazine: The She Word	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S9Ep209
13:38	Doc: Nagasaki	
	"Why did the US drop the second Bomb? "	
14:21	Series: Wildside	
14:46	Series: Bindi the Jungle Girl	
15:10	Cartoon Time	
17:01	English Bites	





TV PROGRAMME SCHEDULE

17:20	Magazine: Tomorrow Today	
17:46	Kids Fitness Zone	
18:00	Flash D'informations	
18:05	Topik Konversasyon (rpt)	
19:00	News Headlines	
19:10	Magazine: What's New	
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:05	PPB's: National Assembly Election	
	Closing Prog: Linyon Demokratik Seselwa	
	Lalyans Seselwa	
	One Seychelles	
	United Seychelles	
22:50	Series: Doctor Foster	Ep 8
23:45	CNN International	
	One Seychelles	

SBC 1 TV PROGRAMME SCHEDULE		
TUESDAY 20th OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:25	The Twirlywoos	
08:49	Zarden Zanfan	
09:20	Study English	
09:30	English have a go	
10:00	PPB's: National Assembly Election (rpt)	
	Closing Prog: Linyon Demokratik Seselwa	
	Lalyans Seselwa	
	One Seychelles	
	United Seychelles	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S9Ep210





TV PROGRAMME SCHEDULE

13:38	Doc: Solidarity-	
	" A Fore runner of Freedom for Eastern Europe"	
14:21	Series: Wildside	
14:46	Series: Bindi the Jungle Girl	
15:10	Cartoon Time	
17:00	English Bites	
17:30	Animation:The Doodlebops	
18:00	Flash D'informations	
18:05	Topik Konversasyon (rpt)	
19:00	News Headlines	
19:10	Magazine: Covid-19: The Breakdown	
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:05	PPB's: Presidential Election	
	Closing Prog: US - Danny Faure	
	LDS - Wavel Ramkalawan	
	OS - Alain St. Ange	
22:25	Series: Adams Apples	Ep 22

SBC 1 TV PROGRAMME SCHEDULE		
WEDNESDAY 21 st OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:24	The Twirlywoos	
08:47	Zarden Zanfan	
09:20	Study English	
09:30	English have a go	
10:00	Magazine: Eco India	
10:26	Series: Great Chefs	
10:50	Magazine: Arts 21	





TV PROGRAMME SCHEDULE

11:17	Magazine: Global 3000	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S9Ep211
13:38	Doc: Collected Memories	
14:21	Series: Wildside	
14:46	Series: Bindi the Jungle Girl	
15:10	Cartoon Time	
17:00	English Bites	
17:20	Animation: Dinosaur Train	
17:47	Kids Fitness Zone	
18:00	Flash D'informations	
18:05	Topik Konversasyon (rpt)	
19:00	News Headlines	
19:10	Magazine: Africa Eye	
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Series: Mister Brau	Ep 29
21:40	Series: The Coroner	Ep 2
22:25	Movie: The Au Pair Nightmare	
23:50	CNN International	

SBC 1 TV PROGRAMME SCHEDULE		
THURSDAY 22 nd OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:25	The Twirlywoos	
08:49	Zarden Zanfan	
09:20	Study English	
09:30	English have a go	
10:00	Magazine: Eco Africa	
10:26	Fitness Zone Plus	
10:50	Magazine: Voices	





TV PROGRAMME SCHEDULE

11:17	Magazine: Espace Francophone	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S9 Ep212
13:38	Doc: Radio Active Wolves	
14:21	Series: Wildside	
14:46	Series: Bindi the Jungle Girl	
15:10	Cartoon Time	
17:00	English Bites	
17:30	Magazine: Life Clinic	
18:00	Flash D'informations	
18:05	Topik Konversasyon (rpt)	
19:00	News Headlines	
19:10	Konekte Zenn	
20:00	Nouvel+Sport	
21:00	Treble Chance 75	
21:10	Telenovela: Les Ombres du Passé	Ep06 of 72
06:00	Bonzour Sesel	
08:00	Bob the Builder	

SBC 1 TV PROGRAMME SCHEDULE		
FRIDAY 23 rd OCTOBER 2020		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
06:00	Bonzour Sesel	
08:00	Bob the Builder	
08:25	The Twirlywoos	
08:49	Zarden Zanfan	
09:20	Study English	



TV PROGRAMME SCHEDULE

09:30	English have a go	
09:59	Doc: Founders valley- Scared Water	
10:26	Series: Great Chefs	
10:50	Doc: Nomades des Mers	
11:17	Magazine: Check in	
11:45	Entertainment: Steven and Chris	
12:30	Nouvel	
13:00	Series : Young and the Restless	S9Ep213/214
14:20	Series: Wildside	
14:46	Series: Bindi the Jungle Girl	
15:10	Cartoon Time	
17:00	English Bites	
17:20	Series: The Next Step	Ep 27
17:45	Kids Fitness Zone	
18:00	Flash D'informations	
18:05	Magazine: In Good Shape	
18:32	Magazine: The World From Above	
19:00	News Headlines	
19:10	Series: Poh's Kitchen Secrets	
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	News Extra	
21:30	Series: Strong Medicine	Ep 111



TV PROGRAMME SCHEDULE

22:15	Series: El Chapo	Ep 27
23:10	CNN International	

